

# HOW MANY DO YOU KNOW?



1. Do you know the city in which Jesus lived as a boy? (Luke 2:39-40)
2. Do you know who is called the "Weeping Prophet"?
3. Do you know the name of the first Christian martyr? (Acts 7:54-60)
4. Do you know where the ravens fed Elijah? (1 Kings 17:5-6)
5. Do you know the names of the two people who were never born?
6. Do you know the names of the two people who never died?
7. Do you know in which book of the Bible the name of God is not found?
8. Do you know who told Nicodemus, "Ye must be born again"? (John 3)
9. Do you know who turned into a pillar of salt when she looked back? (Genesis 19:15, 26)
10. Do you know what is "quick, and powerful, and sharper than any two edged sword"? (Hebrews 4:12)

## Special dates

- \* New Year's Day, January 1, 2009
- \* Epiphany, January 6, 2009
- \* Baptism of the Lord, January 11, 2009
- \* Martin Luther King Jr. Day, January 19, 2009
- \* Inauguration Day, January 20, 2009
- \* Week of Prayer for Christian Unity, January 18-25, 2009



## Church Activities

- Sunday School    Sundays—9:30-10:30 A.M.  
Worship Service    Sundays—10:45 A.M.-12:30 P.M.  
Bible Study    Wednesdays—7:00-8:15 P.M.  
Council Meeting    Second Wednesday of each month @ 6:00 P.M.  
Communion    First Sundays



**UNITY BAPTIST CHURCH**  
4219 Springhill Rd  
Tallahassee, FL 32305  
Office: (850) 575-2288

Web site: <http://www.myunitybaptist.com>

UNITY BAPTIST CHURCH

**U B C T O D A Y**  
VOLUME 3, ISSUE 1  
JANUARY 2009

*Our desire is to make a difference, one family at a time...*



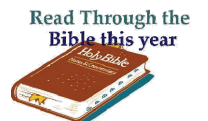
**WISHING YOU A HAPPY AND A HEALTHY NEW YEAR AHEAD!!**

According to historians, the celebration of the New Year is the oldest holiday. The tradition of making resolutions dates back to the Babylonians, who often promised to return borrowed farm equipment. Using a baby to symbolize rebirth and the New Year dates back to the ancient Greeks and Egyptians. Modern-day New Year's customs often focus on prosperity.

One of the best ways to start off the New Year is by spending time in prayer. Look back on God's many blessings during the completed year and ask for his guidance in the one to come. Also consider starting the tradition of praying for people around the world on New Year's Day.

*Daily challenge...*

Read-Thru-the-Bible this New Year.



As they occurred ---- chronologically, historically or from beginning to end. You can also Read the Old Testament and New Testament together. Your knowledge of the Old Testament will be enhanced by what you read simultaneously in the New Testament.

See UBC Today Editor for a copy of these daily readings.

# New Year's Message

FROM THE PASTOR

Happy New Year!!!

It is hard to believe that we are celebrating the start of a new year. It seems like yes just yesterday we were celebrating the start of a 2008 and now we are saying good bye to it. I want to challenge you this year to not make any new years resolutions. Instead make some life time commitments. The reason that those resolutions usually doesn't work is because people are looking for immediate results. The only way to get lasting results is through steady plodding.

If you be faithful and consistent, you can achieve your goals. Remember what it says in Proverbs 21:5 "steady plodding brings prosperity; hasty speculation brings about poverty. The choice is yours. What do you choose?

*Feast or famine!!!*

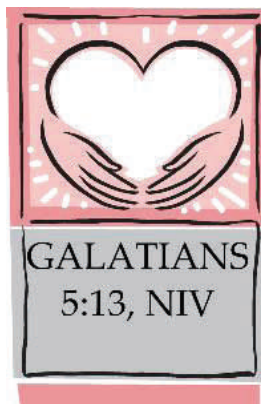


January is Glaucoma Awareness Month. Over 2.2 million Americans ages 40 and over are affected by glaucoma or "the sneak thief of sight" wherein African-Americans are at greater risk. Thus, do schedule an eye exam with your healthcare provider. For more

information, contact Prevent Blindness America at [www.preventblindness.org](http://www.preventblindness.org) or 1-800-331-2020.

Temple Care provides information and tips for being a good steward of the body God has entrusted to you.

I Corinthians 6:19-20



Coming together is a start....

Keeping together is progress....

Working together is success....



**January Babies!**

Here's what's happening!

1/11/09

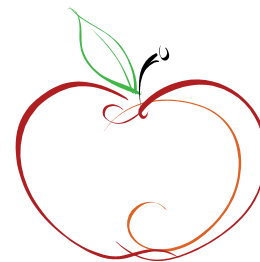
### New Birth Healing Ministries

2009 Youth Explosion. Sunday, 6 pm. with guest speaker Robert Harris from Consuming Fire Church of God of Prophecy. Location: 1372 Blountstown Hwy, Tallahassee. Contact: 576-9626.

1/25/09

### Faith Baptist Church

Karen Peck and New River in Concert. Sunday, 2:30 pm. Location: Hwy 90 E in Madison. Contact: 850-973-2887.



Healthy New Year Tips!

Eating Healthy!

### Healthy Vending Options

Choose water and low-fat snacks, when you need a healthy snack.

### Being Active!

#### 15 Minute Walk

Take a 15 minute break from your busy day to get up and get active.

#### Take the Stairs

Choose the stairs over the elevators when you can. Walking up the stairs burns almost 5 times as many calories